**Ernst & Young Speakers**

* Sarah Perrens: Oceania Campus Recruitment Lead
* Hannah Booth: Campus Recruitment Senior Consultant

An event site worth visiting: <https://www.ey.com/en_au/careers/career-events>

**Students’ current concerns**

* New Zealand: their future careers, feeling vulnerable and concerned re competition
* 75% of Australian students have anxiety about their future careers based on a recent survey

**Some things to consider**

* Ernst & Young are still recruiting in Audit, Technology and Data Analysis as a priority
* There are opportunities in Banks, Government and Essential Services
* It is better to worry about what you can control
* The current environment should be viewed as a short-term situation
* Employers are now assessing resilience, flexibility, adaptability, technology focus, agile learning
* It is important to build practical skills through university and with employers. There are sessions on interview skills, assessment centres and mock interviews
* Build networks through employer and university events
* Explore new areas that are growing
* Don’t pigeon-hole yourself
* Keep in touch with your contacts
* Sharpen your LinkedIn profile
* Build on your extra-curricular activities which will improve your adaptability and time management skills
* Upskill on future skills like automation and excel which impact interpersonal skills and emotional intelligence
* Read the Australian Financial Review at least once a week, listen to TED talks

**Resilience tips:**

* Know the signs – changes in mood, energy, appetite and sleeping habits
* Create boundaries between work and home
* Exercise
* Eat properly
* Give yourself time to reset with a fresh prioritised to do list
* Ask for help – even a coffee and a chat
* Allow yourself to be vulnerable
* Advice from Steven Watson, MD National Audit Group
	+ Learn how to react to what life throws at you
	+ Look at employment guides
	+ Reach out to career advisors and career services team at CAANZ
	+ Attend online events
	+ Get into a mentor program
	+ Improve your presentation skills
	+ Your LinkedIn profile is your online resume, look at how to upskill
	+ Know what is on Unlimited: resources, events
	+ Consider virtual internships with professional services firms
	+ Join a committee or get involved with a not for profile – the skills will give you exposure
	+ If you really want to learn about Accounting, volunteer to do bookkeeping and learn Xero or MYOB

**Thoughts from the CA Student Representative Panel**

* It has been hard to stay motivated and get the workload done
* The change to adapting for online remote learning has been difficult
* It helps to plan and set goals with a daily to do list - crossing off items is motivating
* Reflecting on what has been accomplished is useful, it creates self-awareness and allows one to focus on strengths
* It is okay not to meet all daily goals
* Having a grateful mentality is positive
* Open book exams are now testing comprehension, problem solving and resourcefulness, not pure memory
* Plan out your day, start small
* Stay connected with family, friends and peers
* Study together with friends on Zoom and bounce ideas off each other
* Have a positive mindset
* Have morning rituals
* Be adaptable in the circumstances and don’t be afraid of change
* Be prepared and trust yourself to succeed
* Learn to be yourself and sell your brand
* Push yourself outside your comfort zone
* A mentor is not one individual, it can be anyone in your daily life